This is the true story of Alcatraz. This is a true account of life in Alcatraz prison written by William G. Baker 1259AZ, a former prisoner of Alcatraz. This is how we lived, what we thought and said and did, the good and the bad.
Alcatraz Island has a chilling history. Surrounded by icy waters, enshrouded by thick fog, and wrapped in whistling wind, it is no surprise to find that it is haunted. In fact, there is so much sadness, desperation, torture, and death in its past, it's almost impossible to believe that there aren't spirits there. Learn about famous prisoners who haunt the island and of those unnamed folks who continue to linger there. Hear Al Capone's mournful banjo and Robert "Birdman" Stroud's shriek in the wind. Find Smitty, the amazing escape artist, and Rufe McCain, who was murdered by a monster. Visit with unsettled spirits on Alcatraz, but make sure you catch the last boat home.