From the world's busiest intersection to the most serene hot springs, modernity and tradition mingle in Japan. Experience the natural wonder and rich culture of a country unlike any other with Moon Japan. Inside you'll find:

- Flexible itineraries including a two week 'Best of Japan' and a week in and around Tokyo
- Strategic advice for spiritual seekers, anime fans, foodies, fashionistas, hikers, and more
- The top sights and unique experiences: Wander the shrines and temples of Ueno-koen park and stop in Tokyo National Museum for world-renowned Japanese art. Learn about samurai heritage in Sanmachi Suji or zazen meditation at the Buddhist temples of Mount Koya. Experience the outdoors at the national park of Mount Fuji, the stunning sprinkles of cherryblossom season in the capital, or take in stunning views and escape the crowds at the serene islands of Miyajima.
- Where to see the best Japanese food: Feast on ramen or an elaborate spread of sushi, sample the freshest catch, and learn about local culinary traditions.
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Be More Japan is a celebration of all things Japanese — from the country's fascinating, ancient traditions to its unique and influential modern culture. Blending both travel information and cultural insights into a single book, Be More Japan helps you understand and experience the best of Japan, both at home and abroad. Beginning with an overview of the four seasons, a key tome in Japanese culture — you'll learn about the festivals, Food, fashion, and Chances that flow throughout the year and make this country so full of fun and variety. Then dive into the captivating culture of Japan, with topics such as art, music, food, wellness and spirituality all up into separate chapters. Be More Japan is written in an easy-to-digest format that makes it easy for you to absorb and retain information. Find out more about the country's most popular activities and where to catch a group of baseball fans or see a martial arts exhibition. For pop culture fans, there are dedicated sections on J-pop, anime, and video games, with plenty of information on the best places to enjoy them in Japan. And if you want to get a feel for popular Japanese lifestyle, you'll find enough details on topics such as transportation, karaoke, skis, shopping, and hot springs to help you make the most of even a short trip to Japan. You can pick and choose what interests you and plan your perfect trip, or explore a bit of everything to get a sense of the essentials of Japanese life and culture. And for those who can't make the trip to Japan, or who want to carry on the experience when they return, there are tips and suggestions for how to bring Japanese culture to you, and places where you can find its influence around the world.

This fascinating city; the world's largest metropolis, in becoming increasingly popular with and accessible to foreign visitors. Few people today are not affected by the creativity, culture and economy of Tokyo, yet this fact remains an enigma for many. Tokyo is the seat of Japan's government, and the financial and economic powerhouse in the global financial system as well as a city at the cutting edge of fashion trends and modern architecture. This DK Eyewitness Travel Guide provides in-depth coverage of the city, from the looming skyscrapers, neon-bathed streets and flashing video screens of the laminate Shinjuku district to the traditional shion megalopolis of Minato and the arresting mix of contemporary building developments found throughout the city.

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