Emotional disorders, PTSD, drug addiction, chronic pain, maybe even Alzheimer’s. Boleyn-Fitzgerald shows how these ... from an essentially static entity to one that can learn and change throughout life and even master the art of happiness.

Environment and genetics, begin understanding how people can influence their own intellectual abilities and emotional ... syndrome. You’ll learn about the tantalizing discoveries that may lead to cures for traumatic brain injury, stroke,

Us About Who We Are shows you what they’ve discovered and what it means to all of us. Through author Miriam ... human brains healing, growing, and adapting to challenges. You’ll gain powerful new insights into the interplay between

Neuroscientists once believed your brain was essentially “locked down” by adulthood. No new cells. No major changes. If ... way for life. And, as you grew older, there’d be nowhere to go but down, as disease, age, or injury wiped out precious,

Illustrations, chapter summary points and self-assessment questions throughout. Describes the structure and function of ... modern equine training practices Features new chapters on exercise physiology and the evolution of the horse Reflects