Living With Intensity Understanding The Sensitivity, Excitability, and the Emotional Development Of Gifted Children, Adolescents, and Adults

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Living With Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults is a beautiful collection of articles which offer an introduction to Kazimierz Dabrowski’s Theory of Positive Disintegration, and its application throughout the lifespan of gifted individuals. Dabrowski was a Polish psychiatrist, psychologist and physician whose research and theoretical work centered on what he called Advanced Personal Development.

Living with Intensity is a can’t put it down exploration of the multi-faceted sensitivities/intensities of gifted children and adults, which fuel their personal growth- if they are NOT misunderstood. It will assist all parents, teachers, and clinicians to understand and nurture the complex combination of intellectual advancement and overexcitabilities gifted individuals present, and avoid tragic misperceptions and misdiagnoses.

Living With Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults This book describes the overexcitabilities of gifted students, as well as strategies for dealing with children and adults who experience them.

Living With Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults

Amazon.com: Customer reviews: Living With Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults Paperback – Nov. 1 2008 by Susan Daniels PhD (Editor), Michael M Piechowski (Editor) 4.5 out of 5 stars 98 ratings See all formats and editions

Living with Intensity: Understanding the Sensitivity

One essential merit of “Living with intensity” is its clear and well-documented account of Dabrowski’s conception, from the notion of overexcitability, an indispensable tool for understanding the mental and behavioural dynamics of gifted individuals, to the bigger framework, the theory of positive disintegration. Kazimierz

Living With Intensity

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Living with Intensity: Understanding the Sensitivity

GIFTED CHILDREN and adults are often misunderstood. Their excitement is viewed as excessive, their high energy as hyperactivity, their persistence as nagging, their imagination as not paying attention, their passion as being disruptive, their strong emotions and sensitivity as immaturity, their creativity and self-directedness as oppositional.

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Buy a cheap copy of Living With Intensity: Understanding the... book by Susan Daniels. Gifted children and adults are often misunderstood. Their excitement is viewed as excessive, their high energy as hyperactivity, their persistence as nagging, their...
Disintegration. Learn practical methods for nurturing sensitivity, intensity, perfectionism, and much more.

"This book is written for pre-teens and teens who love to learn, even if they don't necessarily love school. Discover yourself as an intense and excitable learner, a creative learner, and a self-directed learner. Read about how to manage perfectionism and self-talk, how to understand your parents better, and how to take charge of your education, whether you go to public school, private school, or homeschool"--Supplied by publisher.

Gifted students with disabilities, also referred to as twice-exceptional children, need the strategies in "Twice-Exceptional Gifted Children: Understanding, Teaching, and Counseling Gifted Students" in order to find success in the regular classroom. By offering a thorough discussion of twice-exceptional students based on research into how gifted students with disabilities learn, the author helps teachers and education professionals develop a broad understanding of the complex issues associated with gifted students who have disabilities. This comprehensive text provides an overview of who these students are, how teachers can tap into their strengths and weaknesses, and what educational strategies should be implemented to help these students succeed in school and beyond. The book will guide a collaborative team step-by-step through the process of identifying students' needs, selecting modifications and accommodations, and developing a comprehensive plan to meet the diverse needs of twice-exceptional children. By implementing the strategies suggested in this book, teachers of twice-exceptional gifted students can ensure these students do not just survive in the classroom, but thrive.

Teaching children how to manage their intense emotions is one of the most difficult aspects of parenting or educating gifted children. Emotional Intensity in Gifted Students: Helping Kids Cope With Explosive Feelings provides a much-needed resource for parents and educators for understanding of why gifted children are so extreme in their behavior and how to manage the highs and lows that accompany emotional intensity. Presented in an easy-to-read, conversational style, this revised and updated second edition contains additional chapters addressing temperament and personality development, as well as expanded role-plays and strategies designed to show parents and teachers how to interact and guide gifted children in a way that teaches them how to recognize, monitor, and adjust their behavior. Updated resources and worksheets make this practical resource a must-read for anyone wishing to make a positive and lasting impact on the lives of gifted children.

Kazimierz Dabrowski's T-Heory of Positive Disintegration (TPD), which includes the widely known "overexcitabilities," is one of the most influential theories in gifted education. It summarizes the research and application of TPD and compares it to other theories of personality and psychological development.

**NAVIGATE THE EXPERIENCE OF LIVING INTEensely.** Do people sometimes describe you as emotionally intense or oversensitive? Do you often feel overwhelmed or anxious in the fact of a world which is loud, fast-moving and sometimes uncaring? Understand Emotional Sensitivity will give you in-depth information about emotional intensity and its overlapping traits, as well as practical advice to help with daily struggles. Written in a friendly and compassionate tone, it has much to reveal about who you are, why you feel the way you do, and how you can be more resilient and reach your full potential. Easy to read, accessible and jargon-free, it will answer questions raised by many emotionally intense individuals: Is there something wrong with me? How does this trait explain my life experiences so far? What can I do right now to better my life and to fulfill my potential? Where can I find others like me? You will: - Understand what it means to live with emotional intensity - Debunk the myths and stereotypes about this trait - Reframe the way you see yourself and to let go of self-limiting beliefs - Identify and liberate your unique potential ABOUT THE SERIES People have been learning with Teach Yourself since 1938. With a vast range of practical, how-to guides covering language learning, lifestyle, hobbies, business, psychology and self-help, there's a Teach Yourself book for whatever you want to do. Join more than 60 million people who have reached their goals with Teach Yourself, and never stop learning.

Gifted teenagers require special understanding in order to thrive. Learn how to understand your adolescent's intensity and excitability, how to nurture creativity and self-directed learning, how to offer support without taking control, and how to care for yourself as the parent of an intense and creative teen. This book helps parents to view the challenging years of middle school and high school not merely as college prep, but as a preparation for life.

This is a collection of over 40 articles written by parents, teachers, and twice exceptional children themselves. It discusses the educational needs of children who are gifted but also are dealing with disabilities such as ADHD, Aspergers syndrome, dyslexia, et cetera.

 Defines giftedness and discusses special quirks and problems that arise living with a gifted child, from a lack of neatness to the "too-smart mouth," and explains how parents can find the right programs and make school as rewarding as possible for gifted children.

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