Unholy Ghost Writers On Depression

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Unholy Ghost: Writers on Depression: Casey, Nell ...

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Unholy Ghost: Writers on Depression by Nell Casey
Unholy Ghost: Writers on Depression Paperback – January 1, 2002 by Nell Casey (Editor)

Unholy Ghost: Writers on Depression: Nell Casey: Amazon ...

Unholy Ghost is a collection of 23 essays by persons who are writers by trade and depressives (or family members of depressives) by fate. In the manner of (and containing an excerpt from) Styron's classic memoir Darkness Visible, the book comprises pieces that are unrelished, but not disjointed, as each offers a unique perspective on what the inner life of depression truly is.

Unholy Ghost: Writers on Depression
Unholy Ghost is a ready antidote to such diminutions—a collection of 22 astute and beautifully written essays on depression by writers whose lives carry the imprint of that illness. Editor Nell Casey's choices highlight the variegated textures of depressive symptoms and the reflections to which they have given rise.

Unholy Ghost: Writers on Depression | American Journal of ...

Novelist William Styron, who was nearly killed by the disease, wrote Darkness Visible, a stunning account of lapse into depression's cold, gray tunnel, which is excerpted in the book. Styron vividly rejects the word "depression" as a lame, impotent, and, at best, clinical approximation of what the disease does and is.

Unholy Ghost: Writers on Depression | Psychiatric Services
As a man who has been depressed all my life, whether I knew it or not, Unholy Ghosts expresses so much of what I have felt all these years. It helps me realize that I am not the only on and that there are some who can put depression into words. I recomend it for anyone living with their own depression or living with someone who is depressed.

By Nell Casey Unholy Ghost: Writers on Depression (Reprint ... transparent, unbelievable," such is a description of depression by Susanna Kaysen, one of 22 writers in UNHOLY GHOST. This volume of essays uncovers many facets of the dark disease that destroys or dampens the lives of millions of adults. These colorful writers take you through episodes of blackness in their or their family's lives.
Unholy Ghost: Writers on Depression

Unholy Ghost is a very impressive collection of essays dealing with depression. The writers include Susanna Kaysen (author of Girl, Interrupted), Lauren Slater (Welcome to My Country and Prozac Diary) and William Styron. The writers reflect on depression in powerful, personal, and revealing ways. The book begins with Virginia Heffernan's comment: "This is what would happen. In the middle of movie theaters, meetings, and restaurants, I would suddenly have to leave."

Unholy Ghost: Writers on Depression book

Unholy Ghost: Writers on Depression by Nell Casey. Write a review. How does Amazon calculate star ratings? See All Buying Options. Add to Wish List. Top positive review. See all 32 positive reviews › Presela Anne. 5.0 out of 5 stars Gripping & Honest ---- LOVED IT. Reviewed in the United States on July 19, 2016. This book is a complete necessity for writers ...

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Unholy Ghost: Writers on Depression by Nell Casey. Write a review. How are ratings calculated? See All Buying Options. Add to Wish List. Top positive review. All positive reviews › Presela Anne. 5.0 out of 5 stars Gripping & Honest ---- LOVED IT. Reviewed in the United States on July 19, 2016. This book is a complete necessity for writers ...

Unholy Ghost: Writers on Depression: Casey, Nell


9780688170318: Unholy Ghost: Writers on Depression...

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Unholy ghost: writers on depression (Book, 2002...)

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Unholy Ghost Summary - eNotes.com

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Depression - Bring Change to Mind

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wife, Jane Kenyon. The collection also includes an illuminating series of companion pieces. Russell Banks's and Chase Twichell's essays represent husband-and-wife perspectives on depression; Rose Styron's contribution about her husband's struggle with melancholy is paired with an excerpt from William Styron's Darkness Visible; and the book's editor, Nell Casey, juxtaposes her own essay about seeing her sister through her depression with Maud Casey's account of this experience. These companion pieces portray the complicated bond—a constant grasp for mutual understanding—forged by depressives and their family members. With an introduction by Kay Redfield Jamison, Unholy Ghost allows the bewildering experience of depression to be adequately and beautifully rendered. The twenty-two stories that make up this book will offer solace and enlightenment to all readers.

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Christopher (Kit) Lukas’s mother committed suicide when he was a boy. He and his brother, Tony, were not told how she died. No one spoke of the family’s history of depression and bipolar disorder. The brothers grew up to achieve remarkable success; Tony as a gifted journalist (and author of the classic book, Common Ground), Kit as an accomplished television producer and director. After suffering bouts of depression, Kit was able to confront his family’s troubled past, but Tony never seemed to find the contentment Kit had attained—he killed himself in 1997. Written with heartrending honesty, Blue Genes captures the devastation of this family legacy of depression and details the strength and hope that can provide a way of escaping its grasp.

We live in an era of depression, a condition that causes extensive suffering for individuals and families and saps our collective productivity. Yet there remains considerable confusion about how to understand depression. Depression: Integrating Science, Culture, and Humanities looks at the varied and multiple models through which depression is understood. Highlighting how depression is increasingly seen through models of biomedicine—and through biomedical catch-alls such as "broken brains" and "chemical imbalances"—psychiatrist and cultural studies scholar Bradley Lewis shows how depression is also understood through a variety of other contemporary models. Furthermore, Lewis explores the different ways that depression has been categorized, described, and experienced across history and across cultures.

Depression is a mood disorder that affects one in ten Americans in any given year. At one time too stigmatized to be mentioned in polite conversation, depression is now discussed frankly in the media, and advertisements for drug therapy appear everywhere. The third edition of this widely acclaimed book reflects changes in how mood disorders are thought about, and how they are treated. Dr. Francis Mark Mondimore, author of the best-selling book Bipolar Disorder: A Guide for Patients and Families, here explains depression—its causes and symptoms, and its treatment. He discusses depression in all age groups and in both sexes, as well as bipolar disorder, seasonal affective disorders, and depression that accompanies illness. This edition encompasses more than a decade of new research, advances in pharmacology, and changes in public perception. The past ten years have seen the release of new forms of the major antidepressants as well as other promising new avenues in pharmaceutical treatments. For example "atypical" or "second generation" antidepressants, such as venlafaxine and duloxetine, provide different ways of manipulating the chemical systems in the brain concerned with mood. And there have been significant advances in the use of MAO inhibitors, now available in patch form. Dr. Mondimore reviews these and other pharmacological therapies as part of a comprehensive approach to treatment that includes psychotherapy, family and community support, and lifestyle changes. Full of information compassionately presented, this guide provides hope and help to patients and their families.

Detailed information on every aspect of New Mexico’s past.

The personal diaries of the noted playwright, screenwriter, and actor offers insight into his evolution as an artist, his conflicted celebrity, and the struggles with depression that culminated in his 2004 suicide.

A nuanced psychological portrait of Abraham Lincoln that finds his legendary political strengths rooted in his most personal struggles. Giving shape to the deep depression that pervaded Lincoln's adult life,
Joshua Wolf Shenk's *Lincoln's Melancholy* reveals how this illness influenced both the President's character and his leadership. Mired in personal suffering as a young man, Lincoln forged a hard path toward mental health. Shenk draws on seven years of research from historical record, interviews with Lincoln scholars, and contemporary research on depression to understand the nature of Lincoln's unhappiness. In the process, Shenk discovers that the President's coping strategies—among them, a rich sense of humor and a tendency toward quiet reflection—ultimately helped him to lead the nation through its greatest turmoil. A New York Times Book Review Editors' Choice SELECTED AS A BEST BOOK OF THE YEAR: Washington Post Book World, Atlanta Journal-Constitution, St. Louis Post-Dispatch, Pittsburgh Post-Gazette As Featured on the History Channel documentary Lincoln “Fresh, fascinating, provocative.”—Sanford D. Horwitt, San Francisco Chronicle “Some extremely beautiful prose and fine political rhetoric and leaves one feeling close to Lincoln, a considerable accomplishment.”—Andrew Solomon, New York Magazine “A profoundly human and psychologically important examination of the melancholy that so pervaded Lincoln's life.”—Kay Redfield Jamison, Ph.D., author of *An Unquiet Mind*

Nearly every depressed person is assured by doctors, well-meaning friends and family, the media, and ubiquitous advertisements that the underlying problem is a chemical imbalance. Such a simple defect should be fixable, yet despite all of the resources that have been devoted to finding a pharmacological solution, depression remains stubbornly widespread. Why are we losing this fight? In this humane and illuminating challenge to defect models of depression, psychologist Jonathan Rottenberg argues that depression is a particularly severe outgrowth of our natural capacity for emotion. In other words, it is a low mood gone haywire. Drawing on recent developments in the science of mood—and his own harrowing depressive experience as a young adult—Rottenberg explains depression in evolutionary terms, showing how its dark pull arises from adaptations that evolved to help our ancestors ensure their survival. Moods, high and low, evolved to compel us to more efficiently pursue rewards. While this worked for our ancestors, our modern environment—in which daily survival is no longer a sole focus—makes it all too easy for low mood to slide into severe, long-lasting depression. Weaving together experimental and epidemiological research, clinical observations, and the voices of individuals who have struggled with depression, The Depths offers a bold new account of why depression endures— and makes a strong case for de-stigmatizing this increasingly common condition. In so doing, Rottenberg offers hope in the form of his own and other patients’ recovery, and points the way towards new paths for treatment.

30 Shades of Blue collects the perspectives of well-known writers on depression, sadness, suicide, and being blue, through stories as personal as they are unforgettable. The silent epidemic of depression affects millions of people and takes dozens of lives everyday, while our culture grapples with a stigma against open discussion of mental health issues. Editor Amy Ferris has collected these stories to illuminate the truth behind that stigma and offer compassion, solidarity, and hope for all those who have felt blue. Contributors to 30 Shades of Blue include: Pam Houston Beverly Donofrio Matt Ebert Caroline Leavett Courtney Love Chloe Caldwell Kitty Sheehan Christine Kehl O'Hagan Jimmy Camp Ruthe Pennebaker Sherry Amanstein Laurie Easter 30 Shades of Blue brings the conversation around depression and sadness into the open with real, first-hand accounts of depression and mental health issues, offering empathy to all those who have been affected by these issues. It's time to scream out loud against this silent annihilator: You are not alone.